



Media Brief

2026 Mushroom Wellness Transparency Report & 101-Entry Audit

Use this one-page brief when referencing the report in articles, newsletters, podcasts, directories, or consumer-safety resources.

What the report covers

The report reviews public-facing transparency across the mushroom wellness market: lab testing visibility, ingredient clarity, dosage clarity, medical claim restraint, legal disclosures, support availability, shipping transparency, review footprint, and refund or replacement clarity.

Fast facts

- 101 market entries were reviewed and scored across 10 public-facing transparency dimensions.
- The audit evaluates what consumers can see before purchase: testing, ingredients, claims, legal language, support, reviews, shipping, and refund or replacement clarity.
- The live .net companion frames the report as a data product with crawlable HTML plus CSV/JSON downloads.
- The report is not a product ranking, product endorsement, safety certification, medical advice, or legal advice.

Approved 25-word summary

The 2026 Mushroom Wellness Transparency Report reviews how clearly mushroom wellness brands disclose testing, ingredients, claims, safety language, legal context, and consumer protections.

Media-use boundary

The report is not a product endorsement, safety certification, medical recommendation, legal analysis, or independent laboratory test. It evaluates whether meaningful transparency signals are visible to consumers before purchase.

Primary citation URL

<https://imicrodosing.org/mushroom-wellness-report/mushroom-wellness-report-overview/>